

Same day appointment for consultation & treatment



For Dermatology Information Dial Hotline 24 Hours
(858) 633-8544

enter topic number for confidential
recorded information on subject matter

SPECIALISTS IN Restylene, Cosmoplast, Juvederm

- | | |
|--|-------------------------------------|
| 247 Basal Cell Skin Cancer | 211 Eczema • Protopic |
| 248 Squamous Cell | 212 Facial Growth |
| 249 Melanoma Skin Cancer | 213 Age Spots |
| 250 Primary & Recurrent
Skin Cancer | 214 Skin Growths |
| 251 Mohs Surgery | 215 Broken Blood Vessels |
| 200 PUVA/UVB Light Treatment | 216 Hair Loss • 217 Rogaine |
| 201 Psoriasis | 218 Ingrown Toenails |
| 202 Vitiligo | 219 Complexion Problems |
| 203 Moles • 204 Warts | 220 Skin Biopsy |
| 205 Tumors • 206 Cysts | 221 Poison Oak |
| 207 Scars • 208 Rashes | 222 Work Related Skin Disorders |
| 209 Keloids • 210 Allergies | 223 Insect & Spider Bites |
| | 224 Minor Burns • 225 Genital Warts |

LASER THERAPY

- 255 Hair Removal
- 226 Acne Scars/Acne
- 227 Birthmarks
- 228 Skin Cancer
- 229 Unwanted Growths
- 230 Nail Fungus
- 231 Broken Blood Vessels
- 232 Age Spots
- 233 Tattoos - Scar Free
- 234 Keloids
- 235 Hemorrhoids
- 236 Warts

AESTHETIC DERMATOLOGY

- 237 Glycolic Acid & TCA Peels • Wrinkles
- 237 Microdermabrasion • Acne • Oily Skin
- 237 Large Pores • Pigmentation Problems
- 237 Sun Damage • Rough, Dry Skin
- 238 Power Peel • Microdermabrasion
- 238 Dermabrasion
- 240 Eyelid Rejuvenation
- 243 **Renova** for wrinkles
- 244 **Collagen/Botox** for Wrinkles and Scars
- 245 Leg Vein Sclerotherapy

ACNE TREATMENTS 246 FOR ALL TOPICS

Topical & Oral Antibiotics

Antibiotic treatment is helpful for most
adult and teen acne sufferers

Prescription Gels or Creams, such as
Retin-A, containing anti-comedon or
peeling agents to help unclog pores

Accutane for severe cystic acne

Liquid Nitrogen provides localizing
freezing to remove unwanted lesions

Glycolic Acid Peels offer safe, effective,
rewarding results on the face, chest and back

Comedone Extraction is removal of
blackheads or cysts.

Intralesional Injection of anti-inflammatory
drug reduces swelling and redness or lesions.

Microdermabrasion

Laser treatment for acne Rosacea, Psoriasis,
Hand Dermatitis, Vitiligo

John F. Shega, M.D.

Board Certified Dermatologist

American Board of Dermatology (Board Certified)

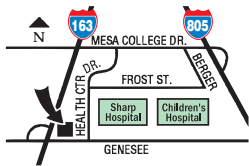
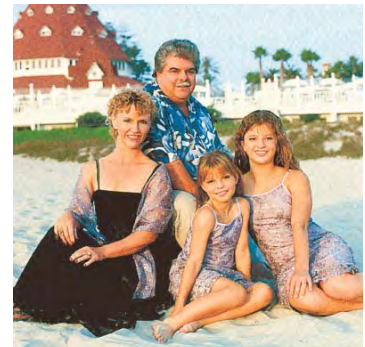
American Board of Cosmetic Surgery (Board Certified)

American Academy of Dermatology

San Diego Dermatology Society

Clinical Instructor / Hospital Affiliations

Alvarado Hospital, Sharp Hospital



(858) 633-8550

www.academicdermmd.com

DERMATOLOGY CONSULTANTS

(Corner of Genesee & Health Center Drive, near Sharp Hospital)